

WATERMARK UNIVERSITY

2020

Fall Semester
SEPTEMBER THROUGH DECEMBER

 **THE HACIENDA[®]**
AT THE CANYON

ÉLAN COLLECTION



Dear Canyon Members,

Creating a Fall Watermark University Catalog? That means planning ahead 4 months in advance. Are we out of our minds?! Probably... but you knew that already!

In this catalog we hope you'll find some classes to look forward to. Ironically, some of these opportunities wouldn't have been available without COVID 19. Matthew Bourne released recordings of some of his most famous ballets in response to his dance companies no longer being able to tour. Karen Reb Rudel started giving her award-winning tours of Paris virtually when tourism ground to a halt.

You'll also see some familiar partners like UA Humanities Seminars, Dansequences, and the Tucson Museum of Art. We're even pairing the food-focused One Day University lectures with virtual tastings with your dining team! The conversation may be virtual but the honey, chocolate, and Champagne are definitely real- be sure to register for those before they fill up! Register yourself on LifeLoop or call the Concierge.

We're planning on virtual classes but will update to in-person (or a mix of the two) if and when it's safe to do so. Always refer to LifeLoop for Zoom and Google Meet links.

Yours in learning,

Missy Paschke-Wood

Community Resource Director

Semester Series
These classes are scheduled on a weekly or monthly basis.

COURSES	FACULTY	DAY AND TIME	LOCATION
In Motion Online	Karenne H. Koo & Sabrina Geoffrion	Mondays • 2-3pm	Zoom

These movement classes are designed to unlock our creative potential through Creative Group Dance. We will explore monthly themes through guided, structured improvisation to build movement vocabulary and to create group dances. September's theme will be "In-Motion Around the World: Creating Our Own Folkdance." Remember, *everyone* has the ability to dance!
No prior dance experience needed. Class begins Sept. 14th.

Telling Tales: Memoir Writing Workshop	Norah Booth	Fridays • 10am	Google Meet
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Telling Tales is a weekly one-hour class. First time writer or accomplished author, all are welcome. We work from prompts, but the writer is always free to choose a topic. Writing techniques are explained and students develop skills for providing useful feedback to others. We all enjoy listening as the writing improves. Attendees will find themselves sharing life stories with family, new friends, and beyond.
Consult LifeLoop for Google Meet link.

An Exploration of Matthew Bourne's Ballets		2nd Sundays • 2pm	Channel 77
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Join us for a performing arts series of modern dance genius Matthew Bourne's ballets every 2nd Sunday at 2pm.

Sight Seekers Delight	Karen Reb Rudel	2nd Tuesdays • 9am	Zoom
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This English speaking artist and performer will guide us on a 'virtual' journey through Paris *from Paris* each month.

Opera Club		4th Sundays • 2pm	Channel 77
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Opera lovers at the Canyon can nominate and then vote on which operas are screened for our fall "season"! Send your suggestions to Missy at missy@saaca.org and watch for a vote mid September.

September

COURSES	FACULTY	DAY AND TIME	LOCATION
<p>What do you and Edgar Allan Poe have in common? Anticipatory Grief Seminar</p>	<p>Dr. Rev. Murray Flagg</p>	<p>Thurs., Sept. 3 • 9am</p>	<p>Channel 77</p>
<p>Anticipatory grief happens before an impending loss. There is one man who practically wrote the definition of grief, Edgar Allan Poe. Join us for the free lecture as we look at what happens when you anticipate losing a loved one and gather a deeper understanding of the stages of grief. <i>Presented in partnership with Harmony Hospice.</i></p>			
<p>Departures: A Film and discussion on death in other cultures</p>	<p>Terri Waldman</p>	<p>Sat., Sept. 5 • 1pm movie, 3:15 discussion</p>	<p>Channel 77 & Google Meet</p>
<p>Departures is a movie which involves the viewer in an ancient Japanese tradition of the honoring of the dead and the deceased's family and relatives. When his orchestra disbands, Daigo Kobayashi moves back to his hometown and takes a job preparing corpses for burial. Too embarrassed to admit his new career to his family, Daigo keeps his profession a secret, until he's faced with the death of someone close to him. Academy Award Winner for Best Foreign Film. Join Terri immediately following the film on Google Meet for a discussion. <i>Consult LifeLoop for Google Meet link.</i></p>			
<p>Sight Seeker's Delight: Time Travel to Montmartre</p>	<p>Karen Reb Rudel</p>	<p>Tues., Sept. 8 • 9am</p>	<p>Zoom</p>
<p>Join award-winning Parisian tour guide and entertainer Karen Reb Rudel on a trip through Montmartre from her apartment in Paris! We'll virtually explore Paris's artistic history with the Moulin Rouge, Van Gogh, and more. Feel transported back in time as we walk the winding cobblestone streets of this hilltop neighborhood. <i>Check LifeLoop for Zoom login information.</i></p>			
<p>Tucson Museum of Art Docent Talk</p>	<p>Jan Weidenhammer</p>	<p>Wed., Sept. 9 • 10:30am</p>	<p>Zoom</p>

First Images of the American West: Expeditionary Artists from 1819 to 1949.
This is an encore presentation by request of our members from October 2019.

September

COURSES	FACULTY	DAY AND TIME	LOCATION
An Exploration of Matthew Bourne's Ballets: Swan Lake		Sun., Sept. 13 • 2pm	Channel 77

'As bold and as beautiful as ever' -Daily Telegraph

'The show that changed the dance landscape forever' -Observer

After causing an immediate sensation when it premiered at Sadler's Wells in 1995, Matthew Bourne's Swan Lake returns with a fresh look for the 21st century. Still retaining the iconic elements of the original production loved by millions around the world, award-winning designers, Lez Brotherston and Paule Constable, alongside Bourne, have created an exciting re-imagining of the classic production.

Thrilling, audacious, witty and emotive, this Swan Lake is perhaps still best known for replacing the female corps-de-ballet with a menacing male ensemble, which shattered conventions, turned tradition upside down and took the dance world by storm. Liam Mower's prince is a heart-stopping tragic hero trapped in a joyless royal routine when he stumbles across a moonlit flock of swans, which leads to a dangerous and romantic duet with the lead dancer, Will Bozier.

Collecting over thirty international accolades, including an Olivier Award in the UK and three Tonys on Broadway, Matthew Bourne's powerful interpretation of Tchaikovsky's masterpiece is a passionate and contemporary Swan Lake for our times.

Bereavement Workshop	Dr. Rev. Murray Flagg	Mondays, Sept. 14 - Nov. 2 • 1pm	Zoom
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This workshop is for anyone who has a relationship with someone who has passed. All grief is based in relationships and we all have them. These sessions will provide a working format for managing grief and offer useful resources. We hope you join us on this 8 week journey designed to provide support and peace. Attending all sessions is not required.

Session 1- The Nature of Grief

Session 2- Managing Difficult Emotions

Session 3- Nurturing the Wounded Self

Session 4- Remembering the One Who Died

Session 5- Making Needed Adjustments

Session 6- Coping the Stress of Change

Session 7- Reaching Out for Support

Session 8- Handling Special Occasions

September

COURSES	FACULTY	DAY AND TIME	LOCATION
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**Barbara Mettler: Dance
for All**

Karenne Koo

Thurs., Sept. 17 • 3pm

**Stay tuned to LifeLoop
for details**

Barbara Mettler was a Tucson-based artist who believed that dance is a basic human need and that dance-- the art of body movement-- is the primary, central art. Her approach was based upon the continuous search for the basic elements of dance which can make it immediately available to all people as a creative art activity. "Creative Dance's purpose is to enable each one of us to create movement forms that express our individual feelings and together to create movements which express the feelings of the group." She founded and built the Tucson Creative Dance Center designed by John H. Howe of Frank Lloyd Wright's group Taliesin West which is still in use today!

**Fun, Fanciful &
Functional Crafting:
Mandalas**

Ann Jones

Thurs., Sept. 24 • 2pm

Google Meet

You do not have to be an "artist" to create artwork that is fun and functional. Here you will see how to make art to enhance items you love to use every day. Draw, (or not) color, cut and paste and there you have it!

With minimal tools, and maximum fun, you too can make a stool, tile, a tray, or anything into an easy-to-do cherished treasure. *Limit 8 people. Registration deadline is Sept. 17th so supplies may be gathered and distributed to participants. Consult LifeLoop for Google Meet link.*

Opera Club

Sun., Sept. 27 • 2pm

Channel 77

Opera lovers at the Canyon can suggest and then vote on which operas are screened for our fall "season"! Send your suggestions to Missy at missy@saaca.org and watch for a vote mid September.

October

COURSES	FACULTY	DAY AND TIME	LOCATION
Fire on the Mountain: Understanding Tucson's Bighorn Fire	University of Arizona's Arizona Institutes for Resilience: Solutions for the Environment and Society	Thurs. Oct. 1, 8, 15 • 9am	Channel 77

October 1st

Episode 1: The Event

Moderated by Tom McNamara, Arizona Public Media

The Bighorn Fire has covered over 120,000 acres of the Catalina Mountains, changing the landscape for decades to come. We will explore its genesis and behavior, and how a 1,000-person fire team responded to the blaze in a way that resulted in zero structures or human lives lost. Local researchers, fire professionals, ecologists, meteorologists, and geologists will help us understand the fire within the context of invasive species; previous burns and fire cycles of the Catalinas; and the weather conditions that fueled the fire, particularly through the lens of climate change. Collectively this session will allow us to see the fire in a new way and begin to comprehend the changes afoot.

Special Guest Rural/Metro Fire Chief Karl Isselhard will join us for a Q & A after the screening on Google Meet. Consult LifeLoop for Google Meet link.

October 8

Episode 2: The Aftermath

Moderated by Tom McNamara, Arizona Public Media

There is no doubt the Bighorn Fire will have an enormous impact on most aspects of the Catalina Mountains. But to what extent? How might it affect the mountain's wildlife, including desert bighorns, and plant life? What can we expect when the rains arrive with so much less vegetation upslope? Our experts will share research and insights into how this and other fires affect sky island species and physical factors in near time, and what we can expect to see in the coming weeks and months.

October 15

Episode 3: The Future Catalinas

Moderated by Vanessa Barchfield, Arizona Public Media

Nature—of which humans are a part—is incredibly resilient. How will the ecological processes and species of the Catalinas rebound (or not) from the effects of the Bighorn Fire? What are the projections for restoration? The researchers in this session have been studying long-term effects of fire in the Sky Islands for decades. They will share insights gained from this careful study that allows us to look into the future and find solutions to restore the landscape and mitigate the challenges ahead. Future actions are broad and we will focus on how you can get involved with local organizations in monitoring and restoration efforts.

October

COURSES	FACULTY	DAY AND TIME	LOCATION
We Will Rock You (or Let's Get Stoned Together)	Herb Ross	Tues., Oct. 6 & 13 • 9:30am	Google Meet
TMA Docent Talk Quilts: Women Building a Strong Foundation for America	Susan Hill	Fri., Oct. 9 • 10:30am	Zoom

Learn our resident rock guru's techniques for fun and funny rock masterpieces. Join Herb during the first class for some background on how he gets his ideas and executes them. He will challenge you to use these tips to create your own contribution to the Hacienda Project Hope Rock Garden and share your creations the following week. All supplies will be provided so what have you got to lose?! Join us!

Women have been creating art while keeping their families safe and warm for centuries. This talk will cover early and contemporary quilts with a mission.

October

COURSES	FACULTY	DAY AND TIME	LOCATION
An Exploration of Matthew Bourne's Ballets: Romeo + Juliet		Sun., Oct. 11 • 2pm	Channel 77

'Electrifying entertainment' -Daily Telegraph

'Classic stories with a twist – accessible, but with a powerful emotional undertow' -Sunday Times

'Britain's most successful choreographer will blow your mind with his sheer imagination, wit, and brio' - The Times

Matthew Bourne's Romeo + Juliet is a passionate and contemporary re-imagining of Shakespeare's classic story of love and conflict. Set in the not-too-distant future in 'The Verona Institute' and mysteriously confined against their will by a society that seeks to divide and crush their youthful spirits, our two young lovers must follow their hearts as they risk everything to be together.

A story about 'repressed emotions and teenage discovery is no better told than by the young', said Matthew Bourne. Inspired by this and as part of New Adventures' ambition to support the next generation of on-stage talent, Romeo + Juliet featured the finest emerging male and female dancers from around the UK. The search began in April 2018 and following a UK-wide audition tour, six Young Cast members performed alongside the New Adventures company at each theatre venue.

Alongside Matthew Bourne's direction and choreography, the design is by Lez Brotherston, lighting by Paule Constable, sound by Paul Groothuis and new orchestrations of the Prokofiev score by Terry Davies, played live by the New Adventures Orchestra.

**Sight Seeker's Delight:
Paris Along the Seine
Part I**

Karen Reb Rudel

Tues., Oct. 13 • 9am

Zoom

Join award-winning Parisian tour guide and entertainer Karen Reb Rudel on a trip long the Seine from her apartment in Paris! Whether it's your first or 100th time visiting, you'll learn something new. See Notre Dame, the Louvre, and from afar, the Eiffel Tower and Arc de Triomphe. *Check LifeLoop for Zoom login information.*

October

COURSES	FACULTY	DAY AND TIME	LOCATION
One Day University: Election 2020	Dr. Robert Watson Dr. Wendy Schiller Dr. Austin Sarat	Mon., Oct. 19, 26, Nov. 2 • 9am	Channel 77

We are offering the following series in the spirit of history and democracy in a presidential election year. These lectures are non-partisan and presented by well-regarded political science professors. We encourage everyone to continue to adhere to our policy of prioritizing friendships over politics.

October 19: *Election 2020: What to Expect in Just Five weeks – and Why.*

The 2020 United States elections is scheduled to take place in just a few weeks, on Tuesday, November 3rd. All 435 seats in the United States House of Representatives, 35 of the 100 seats in the United States Senate, and thirteen state governorships will be decided. Oh, and also..we'll learn whether Donald Trump will be elected for another term, or if Joe Biden will take his place. One of One Day U's most popular professors and astute political observers will fill us in on what to expect, what not to expect, and why.

October 26: *The Electoral College: Why does it exist? Should it exist? What should we do about it?*

This class will focus on the Electoral College and its role in shaping presidential elections in the United States. We will trace the actual origins of the idea of the Electoral College and discuss why it has evolved into a such a highly debated practice over time. We'll address the advantages (there are some) and disadvantages (there are some of those too) associated with using the Electoral College delegate count to determine the winner of presidential elections from the shaping of presidential campaigns to how presidents address the needs of individual states.

November 2: *Voting in America: Where We've Been, Where We Are, Where We're Headed*

For as long as America has been a nation we have witnessed conflicts over the right to vote. Originally the vote was restricted to a narrow subset of the population, but throughout our history marginalized and disadvantaged people have struggled for the right to vote. Securing that right is a crucial aspect of citizenship. But today, new questions are being asked about America's commitment to expanding the opportunity to vote. Partisan gerrymandering, limits on the number of polling stations, voter suppression efforts and controversies around mail in voting echo through our politics.

October

COURSES	FACULTY	DAY AND TIME	LOCATION
One Day University: The Buzz About Bees & Virtual Tasting	Dr. Judy Wu-Smart	Thurs., Oct. 22 • 9am	Channel 77 / Google Meet

Have you heard the buzz about bees? Did you know that there are over 20,000 bee species worldwide — and a few *thousand* in North America? What is the difference between bees that are social vs. bees that are solitary? And why are our bees struggling to survive? Come learn about the complexity of bee behaviors and different life history traits that allow them to be our most efficient pollinators. Join Entomologist and Apicultural Specialist Dr. Judy Wu-Smart as she highlights the diversity of wild bees, talks about bee stressors, and discusses the importance of both wild and managed bees critical for sustaining agricultural food production and our natural ecosystems. Optional honey tasting with Executive Chef Erich Border following lecture at 10am.

Please register by Oct. 15 to participate in virtual honey tasting with Executive Chef Erich Border. Consult LifeLoop for Google Meet link.

Opera Club		Sun., Oct. 25 • 2pm	Channel 77
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Opera lovers at the Canyon can suggest and then vote on which operas are screened for our fall "season"! Send your suggestions to Missy at missy@saaca.org and watch for a vote mid September.

November

COURSES	FACULTY	DAY AND TIME	LOCATION
TMA Docent Talk: Navajo Rugs: The History, The Artistry, The Contemporary	Linda Friedman	Mon., Nov. 2 • 10:30am	Zoom

From first generation work to contemporary artists, Navajo Rugs are considered the finest in their field. This is an overview of the most significant quilts with a bend toward beauty and weaving skills.

November

COURSES	FACULTY	DAY AND TIME	LOCATION
Sight Seeker's Delight: Paris Along the Seine Part II	Karen Reb Rudel	Tues., Nov. 3 • 9am	Zoom
An Exploration of Matthew Bourne's Ballets: The Car Man		Sun., Nov. 8 • 2pm	Channel 77

Join award-winning Parisian tour guide and entertainer Karen Reb Rudel on Part II of a trip long the Seine from her apartment in Paris! Whether it's your first or 100th time visiting, you'll learn something new. See Notre Dame, the Louvre, and from afar, the Eiffel Tower and Arc de Triomphe. *Check LifeLoop for Zoom login information.*

'Superb, witty, drop-dead-sexy' Daily Telegraph

'Gripping. Explosive. Erotic' Mail on Sunday

'Glamorous, sexy, funny and dangerous. A triumph!' Evening Standard

The Car Man is one of modern dance's most thrilling and entertaining shows and a signature production for Matthew Bourne's company New Adventures. First seen in 2000, when it won the Evening Standard Award for "Musical Event of the Year", it has proved to be a smash-hit in the UK and around the world. This recording for Sky Arts was made at Sadler's Wells during the production's most recent revival.

The Car Man is loosely based on Bizet's popular opera Carmen and has one of the most instantly recognisable scores in New Adventures' repertory, brilliantly arranged by Terry Davies. The familiar 19th-century Spanish cigarette factory of the opera becomes a greasy garage-diner in the American mid-west of the 1960s. The arrival of a handsome stranger disturbs the dreams and passions of those who live and work there. Fuelled by heat and desire, the townsfolk are driven into an unstoppable spiral of greed, lust, betrayal and revenge.

Lez Brotherston's epic design and Chris Davey's evocative lighting perfectly complement Matthew Bourne's vivid choreographic storytelling, which draws on a wealth of cinematic references. Together with the glorious dancing of a wonderful cast, they create a delightful, dangerous and ultimately uncompromising vision of small-town America.

November

COURSES	FACULTY	DAY AND TIME	LOCATION
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**Podcasts: Radio Shows
for the 21st Century**

Missy Paschke-Wood

Mon., Nov. 9 • 1pm

Google Meet

Encore class! We will revisit some basics from the Spring semester but also expand upon ways to listen and podcast suggestions.

What are podcasts? Why is everyone so crazy about them? How do I find good ones to listen to? Do I have to use my computer or smartphone? Missy will have answers to these questions and share some of her favorite podcasts in this fun and educational class.

Please pre-register so we can get handouts to you ahead of time and bring your smart phone, tablet or laptop to this class. Consult LifeLoop for Google Meet link.

**One Day University:
The Perfect Treat:
Everything You Ever
Wanted to Know About
Chocolate**

Megan Giller

Thurs. Nov. 19 • 9am

**Channel 77 / Google
Meet**

What is it about chocolate that makes it everyone's favorite indulgence? Why can you taste the difference between a \$1.00 chocolate bar and those expensive artisan brands? Does dark chocolate really have health benefits? Join chocolate expert Megan Giller as she changes the way you think about and taste chocolate. You'll travel back in time 4,000 years to the era when chocolate was an unsweetened, spicy drink, and 300 years ago when the magical tree that grows cacao beans was planted around the world. Explore how chocolate is made from scratch by a new generation of chocolate makers who focus on flavor and quality, transforming our favorite food into something more delicious than ever.

Register by Nov. 12 for a virtual chocolate tasting with the dining team following the lecture. *Consult LifeLoop for Google Meet link.*

Opera Club

Sun., Nov. 22 • 2pm

Channel 77

Opera lovers at the Canyon can suggest and then vote on which operas are screened for our fall "season"! Send your suggestions to Missy at missy@saaca.org and watch for a vote mid September.

December

COURSES	FACULTY	DAY AND TIME	LOCATION
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**Been There, Done That:
Krave the Adventure Bus**

Kristin Gambardella

Tues., Dec. 1 • 9am

Front Entrance Lobby

"The bus came by and I got on ... that's where it all began"

Join Community Resources Associate and former bus-turned-home dweller Kristin Gambardella on a tour of Krave the Adventure bus. We'll walk through the mechanics of Krave, share stories from the road, and check out the map of all the trips Krave has been on so far.

Been There, Done That is a series where members, associates, and community members share about their personal history, illustrious careers, favorite hobbies, fascinating travel or any other subject that would make them say "Been there, done that!"

**Greatest Olympic
Moments for WU**

June Hussey

Wed., Dec. 2 • 9am

Google Meet

Some of us sports fans missed the 2020 Olympics this summer almost as much as the athletes did. We did not get to witness the thrill of victory or the agony of defeat that tends to captivate the world every four years. Gone was the pageantry of the opening and closing ceremonies, the cultural intrigue of the host country, and especially the sense of camaraderie and community that happens naturally when human beings meet and compete. But worry not, because in this class June Hussey will recreate that Olympic feeling by reliving some of the Greatest Olympic Moments of all time. What is your favorite Olympic moment? Email your thoughts to jhussey@watermarkcommunities.com and she'll add them to the show. Join the debate and discussion and at the end of the class, vote for the Greatest Olympic Moment of All Time. With enough input and interest, we may add more than one class.

Consult LifeLoop for Google Meet link.

Sight Seeker's Delight:

**Jewish History of
Le Marais**

Karen Reb Rudel

Tues., Dec. 8 • 9am

Zoom

BONUS CLASS: Join award-winning Parisian tour guide and entertainer Karen Reb Rudel on a trip through Le Marais from her apartment in Paris! Take in Jewish history, landmarks, and humor in this quintessential Parisian neighborhood. We'll show you synagogues, Place des Vosges, Holocaust memorial, and more.

This bonus class is \$35 per person paid to Sight Seeker's Delight and lasts 2 hrs with an additional Q & A session.

December

COURSES	FACULTY	DAY AND TIME	LOCATION
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TMA Docent Talk: Hohokam Art: The Arts of the Hohokam Culture	Mary Jo McMullen	Wed., Dec. 9 • 10:30am	Zoom
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This is an overview of Pottery, Stone Pieces, Jewelry and Shell Art of indigenous artists in the greater Tucson area.

An Exploration of Matthew Bourne's Ballets: Cinderella	Series	Sun., Dec. 13 • 2pm	Channel 77
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'A valentine to the power of love' LA Times

'British dance's runaway success story' The Observer

'A terrifically entertaining evening' The Times

'A perfect treat' Daily Telegraph

Matthew Bourne's Cinderella is a thrilling and evocative love story told in dance. A reinterpretation of the classic fairy tale, it features heart-stopping choreography and vivid, truthful characters. Originally mounted in 1997 but recreated as a completely fresh production for its most recent run, this is one of New Adventures' most popular and beloved creations.

Set in London during the Second World War, the drama features Cinderella and a dashing young RAF pilot. Together just long enough to fall in love, they are parted by the horrors of the Blitz. Among the obstacles to their reunion is Cinderella's sinister step-mother, while the Angel weaves his magic to protect our heroine.

Olivier Award-winning designer Lez Brotherston's sumptuous costumes and sets provide a glorious backdrop to the dancing of a wonderful cast. The accompaniment is a specially commissioned recording of Sergei Prokofiev's magnificent score, played by a 60-piece orchestra and enhanced by Paul Groothuis' vivid sound design.

Performed as part of the company's 30th anniversary celebrations, Matthew Bourne's Cinderella recreates on stage the sights and sounds of a war-torn London with the help of lighting designer Neil Austin and Duncan McLean's video projections.

December

COURSES	FACULTY	DAY AND TIME	LOCATION
UA Humanities: Those who forget the past . . . Why the Spanish Civil War Still Matters	Professor Malcolm Alan Compitello	Mon. Dec. 14 • 1pm	Zoom

Partnership with The University of Arizona's Humanities Seminars

Scholars have called The Spanish Civil War (1936-1939) a “fratricidal war in Europe’s backwater.” The conflict became much more, galvanizing adversaries on the left and the right and serving as a prelude to the Second World War. More than 60 years later, that “war in Europe’s backwater” and its consequences still loom large in Spain and beyond. Because of its profound political, social and artistic influence, the war and the lessons learned from it still have much to teach us about how societies confront the crises that increasingly threaten civil society.

\$35 class fee. Minimum 15 registered attendees by Dec. 1st for class to be held.

One Day University: What’s So Great About Champagne? w/ optional tasting	Regine Rousseau	Thurs. Dec. 17 • 3pm	Channel 77 / Google Meet
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Many people use the term Champagne as a generic term for sparkling wine, but in many countries, it is illegal to label any product Champagne unless it came from the Champagne wine region of France. This special alcoholic drink is produced from specific types of grapes grown in the Champagne region following rules that demand, among other things, specific vineyard practices, sourcing of grapes exclusively from designated places within the Champagne region, detailed grape-pressing methods, and “in bottle” fermentation of the wine to cause carbonation.

The presentation will begin with a virtual tour of the historic Champagne region, roughly 100 miles from Paris to explore the soil, grapes and unique production method that makes Champagne so special. Should we reserve Champagne only for celebrations? Well...no. After all, nothing makes a party like the pop of a champagne bottle. Champagne can be enjoyed all day, every day, especially once you learn more about the flavor profiles of different varieties of Champagne wines as well as some classic and unexpected food pairing suggestions.

Register & purchase the tasting with Monica Tryon to follow at 4pm. Further details and market prices of splits will be available closer to the class date. *Consult LifeLoop for Google Meet link.*

Opera Club	Sun., Dec. 27 • 2pm	Channel 77
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Opera lovers at the Canyon can suggest and then vote on which operas are screened for our fall "season"! Send your suggestions to Missy at missy@saaca.org and watch for a vote mid September.

Faculty Biographies

NAME OF INSTRUCTOR

CLASS NAME

Norah Booth

Telling Tales: Memoir Writing Workshop

Norah Booth created **Telling Tales Memoir Writing Workshop** for the University of Arizona's Extended University in the mid-90's. She renewed the course for The Fountains at La Cholla five years ago where it has been embraced by many residents. Norah is a published writer with many local and national writing credits. She earned an M.A. in Journalism from the U of A. She taught writing at Pima College and in Sunnyside School District. She is currently at work on a biography of the first, and almost the last, Catholic nun elected to public office in the U.S. About memoir writing she says, "I really enjoy teaching this class. My students are all bright, accomplished, and do their homework. The atmosphere cultivated in classes is based on mutual support, recognizing that writers are sensitive. Participants get to know each other through sharing important life experiences and offering thoughtful critiques."

Matthew Bourne

A Series of Matthew Bourne's Ballets

Sir Matthew Christopher Bourne OBE (born 13 January 1960) is an English choreographer. His work includes contemporary dance and dance theatre. He has received multiple awards and award nominations, including the Laurence Olivier Award, Tony Award and Drama Desk Award, and he has also received several Honorary Doctorates of Arts from UK universities. Bourne was knighted in the 2016 New Year Honours for services to dance.

Malcolm Alan Compitello

UA Humanities: Those who forget the past . . . Why the Spanish Civil War Still Matters

Professor of Spanish and the Director of the Humanities Seminars Program. He has authored four books and numerous essays of Hispanic literatures and cultures. He is the Executive Editor of the *Arizona Journal of Hispanic Cultural Studies* and serves on the editorial boards of a number of publications in the area of Hispanic Studies. He is the 2016 recipient of the ADFL Award for Distinguished Service to the Profession. Professor Compitello's dedication to his *students* and to innovative *teaching* is also formidable; he has inspired and guided students of Latin American, Latino, and Peninsular literature and culture. Indeed, one of the best places to absorb this is in past-student recollections of him in the 2012 volume edited in his honor, *Capital Inscriptions: Essays on Hispanic Literature, Film and Urban Studies*. His involvement with studying the Spanish Civil War dates back to the early 1970s.

NAME OF INSTRUCTOR

CLASS NAME

Dr. Rev. Murray Flagg

Anticipatory Grief & Bereavement Course

Dr. Rev. Murray Flagg has over 50 years of ministry and teaching experience including stints in the South Pacific, Europe and in all the regions of the United States. He holds degrees in Business, Theology and Human Resources with certificates in Mediation, Arbitration and Employment Law. In addition to parish and denominational leadership he has consulted with various for profit and not for profit corporations and served as the Executive Vice President of Human Resources for a major non-profit organization in the South Eastern region of the United States. The past 7 years he has worked in the area of spiritual care and education for a large Adult Care facility with two Memory Care Units and in Hospice with Harmony Hospice for the past 3 years.

Linda Friedman

Navajo Rugs: The History, The Artistry, The Contemporary

After 31 years of teaching and living in Rochester, NY, Linda Friedman and her husband started looking for new adventure. In 1998, they retired to Tucson, where they fell in love with the desert and began collecting and learning about Western and Native American Art. Linda immediately joined the docent training programs at Tohono Chul and Tucson Museum of Art. She loves being a docent and especially enjoys giving Art Talks, which she says has given her so many opportunities to learn more about her favorite art forms, meet wonderful people, and share her passion for art.

Kristin Gambardella

**Been There, Done That:
*Krave the Adventure Bus***

The first time Kristin met her now husband, Dave (Kristin + Dave = Krave), he was standing by an old bright pink school bus that was parked in their college dorm parking lot. A few years later they were buying a bus of their own knowing they wanted to turn it in to a home, but not a clue where to park it. After two years of converting the bus in to a home, they decided to hit the road and see America.

NAME OF INSTRUCTOR

CLASS NAME

Sabrina Geoffrion**In Motion Online**

Sabrina Geoffrion, Co-Founder, Vice President, Assistant Secretary and Repertory Company Director, earned her Bachelor of Science degree in Psychology, with a minor in dance, and her Master's degree in Cognitive Psychology from the University of Arizona in Tucson. She has worked in various areas over the years, including teaching at the preschool and college levels, and academic research with the Program for Integrative Medicine at the University of Arizona (UA) with Dr. Andrew Weil, the Psychology Department at the UA, and the Psychiatry Department in the College of Medicine (also at UA). For the past 12 years, Sabrina has taught a variety of online Psychology classes for several universities. She currently holds an adjunct faculty position and teaches online for Grand Canyon University. Sabrina also works periodically as a childbirth educator and doula (helping moms during labor and delivery). Sabrina danced as a child and in college, and has studied ballet, jazz, contemporary, and African dance. She credits Zuzi! Dance Company for bringing her back to the studio and stage about 5 years ago, and she continues to look for ways to combine her passion for dance and movement expression with her love of teaching and helping others.

Megan Giller**One Day University: The Perfect Treat: Everything You Ever Wanted to Know About Chocolate**

Food writer Megan Giller writes about the everyday, the extraordinary, and the edible for *The New York Times*, *Slate*, *Zagat*, and *Food & Wine*. She is so obsessed with chocolate that she's spent the past six years studying it - even writing a book called *Bean-to-Bar Chocolate: America's Craft Chocolate Revolution*. Her website "Chocolate Noise" was a 2016 Saveur Food Blog Awards finalist.

Susan Hill**Quilts: Women Building A Strong Foundation for America**

Susan Hill has been a docent since 2011. After working the Tucson Museum of Art's visitor service desk and doing tours for several years, she now concentrates on art talks and loves it. Susan is an ordained United Methodist minister and served churches and hospitals for 20 years. She currently facilitates programs at Good Shepherd United Church of Christ in Sahuarita. Susan has been married for 55 years and has four daughters. After retiring, she and her husband traveled most of the country in an RV. In addition to art talks, Susan's hobbies include knitting, cooking, and reading murder mysteries.

NAME OF INSTRUCTOR

CLASS NAME

June Hussey**Greatest Olympic Moments for WU**

One of Watermark's original team members, June has dedicated more than three decades of her professional life to *creating extraordinary and innovative communities where people thrive*. Immediately after graduating with a BA in Creative Writing from the University of Arizona in 1982, she got a job working for David Freshwater, Watermark's founder. From research analyst to sales and marketing director for the company's first retirement community, June's responsibilities continued to expand along with the company to include regional, national and consulting roles in sales, marketing, public relations, corporate communication and culture. June believes aging is a journey that, smooth or bumpy, is best experienced with good friends and compassionate service professionals by your side. As membership director for The Hacienda at the Canyon, June is having a ball getting to know prospective members and introducing them to Watermark and its most innovative community to date.

Ann Jones**Fun, Fanciful and Functional Crafting**

Join your neighbor Ann Jones, a fearless creator of something out of nothing, gal. Her background in art and art history laid buried until retirement and the fun began. She is happy to share her many ideas and resources with you!

Kareene H. Koo**Joyful Movement**

Karenne H. Koo, Co-Founder and President of Dancesequences, is a dance artist committed to developing and practicing multi-disciplinary approaches to encourage and stimulate the art of inclusive dance as an instrument for building community. She was Co-Founder of Evolve Dance Inc., a NY-based nonprofit dance organization, and served as Executive Director from 2006 to 2017. While in New York, she managed the Y Dance Program at the Family YMCA at Tarrytown with Evolve Dance and was Co-Producer and performer in the YDance Festivals and Evolve Dance Festivals. In 2013 she relocated to Tucson, AZ and became immediately active within the local dance communities. She currently serves on the Board of Directors of Mettler Studios, Inc. and is a member of the International Association for Creative Dance. Karenne has conducted creative dance residencies in New York, San Francisco, Vietnam, Indonesia and Peru. In Tucson, she completed a 3-year dance residency at Arts for All, Inc., a nonprofit arts organization that provides art education for adults and children with diverse abilities and co-directed the Arts for All Adult Dance Ensemble, a performing group of dancers with diverse abilities that regularly presented original works at multiple venues. She facilitates workshops/residencies with Arizona TASH, Mettler Studios Inc., Pio Decimo Center, Satori School, Sister Jose Women's Center, ZUZ! Dance Company. Karenne continues to expand the potential of creative dance as an inclusive, communal experience by developing collaborative partnerships with multiple community organizations, both national and international. <https://karenekoo.net/>

NAME OF INSTRUCTOR

CLASS NAME

Mary Jo McMullen**Hohokam Art: The Art of the Hohokam Culture**

Mary Jo McMullen moved to Tucson and signed up for docent training at TMA before her furniture had even arrived. She completed the training in 2016. Mary Jo is a Midwest transplant with a love of learning about all things western. She grew up on *Roy Rogers*, *Sky King* and *Bonanza*, and still loves Little Joe. She splits her time among road trips, live jazz, murder mysteries, webinars, lectures about anything, community theater productions, and friends.

Missy Paschke-Wood**Podcasts: Radio Shows for the 21st Century**

Missy listens to podcasts as she tackles extremely challenging projects... like the dishes or traffic! Until she joined The Hacienda at the Canyon her professional background had been entirely in the arts. This fertile training ground led to her landing her dream job as our Community Resource Director, a joint position with the Southern Arizona Arts & Cultural Alliance (SAACA). Missy is thrilled to be leading the Canyon Community Life team in programming a wide variety of life-enriching activities, classes, trips and events for the enjoyment of Canyon members. Missy was previously associated with the Festival International de Lousiane, the largest Francophone music festival in the US, the Tucson Jazz Festival, and Arizona Theatre Company. Before COVID she used to moonlight hosting Retro Game Show Night at Hotel Congress and was DJ Midtown Missy Tuesday afternoons on KXCI. Missy believes the arts make life worth living and is happiest when lots of people are having a great time together.

Karen Reb Rudel**Sight Seekers Delight Series**

Born and raised in Johnstown, Pennsylvania, Karen grew up with the aspiration to be a comedian, a musician, or both... She groomed these crafts from a young age by making everyone around her laugh and beginning a lifetime romance with the flute at the age of 9. She went on to study drama at Temple University in Philadelphia and played in a series of bands.

From the age of 30 until she got married, Karen was back and forth between Paris and Philadelphia, working on musical projects and touring (including being the flautist and singer in a Reggae band in Paris). One day her parents came to visit her and Karen, having learned a lot about Paris, was showing them around when her mother exclaimed, "Karen, you would make a great tour guide!"

That was the light bulb moment, and as the French say, *voila!*

Paris has been Karen's stomping ground for over 20 years, and her company is in a unique position to give you the historical background and underground cultural scoops that most walking tours leave out.

Special thanks to Dr. Sheldon Clare for introducing Karen to us!

NAME OF INSTRUCTOR

CLASS NAME

Regine Rousseau**One Day University: What's So Great About Champagne?**

Regine Rousseau is a Level II Sommelier, and CEO of the Chicago-based Shall We Wine, an enterprise specializing in highlighting craft spirits and boutique wines. She has traveled around the globe to share her wine and beverage expertise, and has been listed as a "Diversity in Wine 2019 Wine Influencer" one of "40 African-American Tastemakers." She was also a featured panelist at the inaugural Blacks in Wine Symposium in 2017, the Women's Breakfast Business Panel presented by the City of Chicago, and the SoloCEO Summit in 2019. Additionally, Rousseau has been featured in *The New Yorker*, *Vine Pair*, *Black Enterprise* and *Wine Enthusiast Magazine*, and has made television appearances on *Sisters Circe Live*, *WGN Chicago*, *Great Day Washington*, *Let's Talk Live*, and *Windy City Live*.

Herb Ross**We Will Rock You! or Let's Get Stoned Together**

Herb Ross discovered his talent for painted rocks just a few months ago. Pulling from his art background in high end color printing and having worked with multiple artists over his lifetime and seeing quality graphic designers and artists he's making a name for himself as our resident rock genius.

Dr. Austin Sarat**One Day University: Election 2020**

Voting in America: Where We've Been, Where We Are, Where We're Headed

Austin Sarat is William Nelson Cromwell professor of Jurisprudence and Political Science at Amherst College in Amherst, Massachusetts. He has written, co-written, or edited more than ninety books in the fields of law and political science. Professor Sarat has received the Stan Wheeler Award for his excellence as a teacher and mentor, awarded by the Law and Society Association.

Dr. Wendy Schiller**One Day University: Election 2020**

The Electoral College: Why does it exist? Should it exist? What should we do about it?

Wendy Schiller is the Chair of the Political Science Department at Brown University. She is an expert in the field of the U.S. Congress and political representation, and the recent recipient of a National Science Foundation grant to study party conflict and factionalism in the U.S. Senate. Professor Schiller has been a guest scholar at the Brookings Institution and a six-time recipient of the Undergraduate Teaching and Research Award at Brown.

NAME OF INSTRUCTOR

CLASS NAME

Terri Waldman**Departures: A Film and discussion on death
in other cultures**

A licensed Assisted Living Facility Manager (ALFM) in Arizona, Terri is responsible for the daily operation of The Hacienda at the Canyon's state-licensed Assisted Living and Memory Care programs, The Inn and The Gardens. She brings to our Hacienda family more than 25 years of experience providing services and advocacy for older adults in Pima County. Her Masters in Social Work degree eventually led to her specialization in behavioral health and her passion for helping people thrive led her to Watermark at the zenith of her career. We are grateful to have a professional with Terri's depth of experience on our team. Previous roles have included Director of Generations, a senior mental health unit at El Dorado Hospital, Director of Tucson Medical Center's Geropsych Unit, which she opened in January of 2015, and Director/Administrator of two local Memory care units, Pacifica Senior Living and Copper Canyon. Terri believes that individuals living with Alzheimer's Disease are "Buddhas on Earth," and that from them we can all learn that the present moment is life's greatest gift. Her person-centered approach and her belief that "five minutes of laughter a day creates a happy life" guide Terri's practice and life journey.

Dr. Robert Watson**One Day University: Election 2020**

Election 2020: What to Expect in Just Five weeks - and Why.

Robert Watson is the Distinguished Professor of American History at Lynn University. A frequent media commentator, he has been interviewed by CNN, MSNBC, "Time," "USA Today," "The New York Times," and the BBC and others, and has appeared on C-SPAN's "Book TV," "Hardball with Chris Matthews," and "The Daily Show with Jon Stewart." He has received multiple Professor of the Year awards at Lynn and other universities, and published 40 books on topics in history and politics. His book "America's First Crisis" won the book of the year award in history at the Independent Publishers' awards and his book "The Ghost Ship of Brooklyn" won the Commodore Barry Book Award.

Dr. Judy Wu-Smart**One Day University: The Buzz About Bees**

Dr. Judy Wu-Smart is an Assistant Professor and Extension Specialist at the University of Nebraska-Lincoln (UNL). She leads the UNL pollinator health program which seeks to understand the underlying stressors in bee health and their interactions with environmental toxicants. She also has taught beekeeping workshops and pesticide certification courses.



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